



**Lehigh**  
PRESBYTERY

Strengthening & Supporting Congregations

**News**



710 N. Cedar Crest Blvd, Allentown, PA 18104  
610-391-9020 ~ <http://lehighpresbytery.org>

September 16, 2015

## LAST CALL FOR APPLICATIONS

We are seeking two Ruling Elder Commissioners, two Teaching Elder Commissioners, and one Young Adult Advisory Delegate to represent the Lehigh Presbytery at the *222<sup>nd</sup> General Assembly*.

You may nominate yourself or you may be aware of an individual whom you believe to be a qualified candidate.



**The 222nd General Assembly (2016) will be held in Portland,  
Oregon – June 18 – 25, 2016**

If you are interested in being a commissioner or young adult advisory delegate, please pick up an application at the registration table, fill it out and return it to either Robin or Sally. The deadline for receiving applications is September 22, 2015.

You can find an application on our website at <http://lehighpresbytery.org/news-events/general-assembly/>.

## Volunteer Needed



The 2016 Presbyterian Youth Triennium will take place **July 19-23, 2016**. But to get this off the ground, the Lehigh Presbytery needs a volunteer to serve as Registrar for this event.

The registrar is the key to getting information out and putting together a delegation of youth from our presbytery. As registrar you could put together a team to help with the process. A full list of duties can be found on the Presbytery website at <http://lehighpresbytery.org/news-events/other-news/presbyterian-youth-triennium/>.

*Triennium is a life giving, life changing, and faith moving experience for the youth. As the world changes, society shifts -- and the church expands -- the need for vibrant young Presbyterians grows.*

**Help our youth go to the next great place in their faith  
by volunteering to be the registrar for this event.**

If you are interested in being the Triennium registrar, please contact the office.

## Helping Hands 10<sup>th</sup> Anniversary



On Tuesday, September 22, 2015 we will celebrate ten years of ministry by the Helping Hands care team and volunteers. This ministry was founded following Hurricane Katrina in 2005.

If you would like to join the care team or be a volunteer on one of their trips, please contact the Presbytery office or visit our website at <http://lehighpresbytery.org/our-faith-community/care-teams/helping-hands/> for more information.

## Visit by Amy Galetzka, PC(USA) long term volunteer to the people of Burma



Amy Galetzka is our sponsored long-term missionary to the people of Burma.

On Sept. 27, Amy will be briefly discussing her mission during the worship services at 8:00, 9:00, 10:15, 10:30, and 12:00.

A more in-depth talk, "Sharing God's love through education, relief, cultural arts, health, and development programs," will take place that evening in the Chapel at 7:00.



Prior to her talk, please join Amy, and the Peace & Justice and Missionaries Team for ice cream in the Commons at 6:00. An informal time with Amy (and her daughter Nadia) will be available while enjoying the ice cream.

Amy is the Deputy Director of the Pan Rak Foundation, which is registered in Thailand and provides legal non-profit status for her work there to help Burmese refugees. "Pan Rak" means "sharing love" in Thai. The vision for the foundation and work is: "To share God's love in tangible ways that bless people, to inspire relationship with God, and to help people share this love with others." Please come to hear how mission is being carried out in many different ways!

Come share in this opportunity to hear about the mission work being accomplished in Burma. Amy Galetzka is a PC(USA) long term mission volunteer.

This talk will take place on **Sunday, September 27, 2015 at 7:00 p.m.** in the Chapel of the First Presbyterian Church, 3231 W. Tilghman Street, Allentown, PA. An ice cream social with Amy and her daughter will precede the talk at 6:00 p.m. in the Commons of the First Presbyterian Church of Allentown.

All are welcome to attend!

## Caregiver's Journey



Many of us find ourselves caring for an elderly relative. You probably have many questions, from legal issues to spiritual concerns.

Please join us for a workshop, ***THE CAREGIVER'S JOURNEY***, on Saturday, **October 24, 2015- 9a.m.- 12:30 p.m.** in Room #115 of the First Presbyterian Church, 3231 W. Tilghman Street, Allentown, PA. This event is sponsored by the Presbyterian Women of Lehigh Presbytery.

If interested, please register with Robin at the Presbytery office (610-391-9020, [office@lehighpresbytery.org](mailto:office@lehighpresbytery.org)). There is no cost to register, however a free will offering will be taken to help cover expenses.

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## Genuine Relationships: Emotionally Healthy Living

*How do we foster genuine relationships in a time dominated by social media?  
How does your family of origin contribute to your (in) ability to have healthy interactions?  
Are you feeling frantic, exhausted, overloaded and hurried? Did Jesus live that way?  
Do unmet expectations cause conflict in your relationships?*

**Do you want to learn more about Emotionally Healthy Living?**

---Then this conference is for you!

**The conference will be led by Steve and Jan Lucas, part of the Emotionally Healthy Spirituality team founded by Peter Scazzero. Peter is the author of the best-selling book Emotionally Healthy Spirituality.**

Saturday, October 3, 2015

8:00 am-3:30 pm

Presented by the Emotional Wellness Ministry  
First Presbyterian Church of Bethlehem – Fellowship Hall  
2344 Center Street, Bethlehem, PA

Price: \$15 before September 15, includes continental breakfast and lunch; \$20 for late registration.

Childcare: Available with early registration.

Online registration <http://www.fpc-bethlehem.org/adults> or contact Yovita Wooden at First Presbyterian Church, 610.317.6162, ext. 206, or [ywooden@fpc-bethlehem.org](mailto:ywooden@fpc-bethlehem.org) or Trish Fritz [fritz.trish@gmail.com](mailto:fritz.trish@gmail.com).

## SEPTEMBER 2015

### CHURCH OF THE MOUNTAIN, DELAWARE WATER GAP, PA HIKERS CENTER – A MISSION OF HOSPITALITY

*"Come to me, all you who are weary and burdened, and I will give you rest."* Matthew 11:28

Appalachian Trail (AT) hikers have been welcomed by the church since 1978 when a group of women in the church became aware of trail hikers looking for rest and shelter. Hikers slept on the church grounds or in the basement of the church which had a bathroom. With assistance from Rev. William Cohea, the center was opened. A shower was installed in the center along with built-in bunks and eventually furniture, making a comfortable respite for weary travelers. In the height of the summer season, the center is fully occupied and tents dot the grounds as 30 or more hikers may be here on any given day. On average, 1,000 hikers per year register on the Appalachian Trail sign-in sheets. The center is cleaned every day by church members and hundreds of towels are washed each week. Our pastor, Rev. Sherry Blackman, and members check in with the hikers on a daily basis. A covered dish supper, held on our porch, is offered every Thursday through the summer to feed hikers and members alike.



In 2014, Delaware Water Gap was officially designated an Appalachian Trail Community (Trail Town). The mission continues to flourish with God's guidance, to serve those in need of shelter, medical, physical and spiritual assistance.

#### *Join Us in Prayer...*

- for a continued desire by members to be involved with the center mission
- for health and safety of the hikers
- for continued financial support

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### **[Board Connections: September 2015](#)**

The newest edition of *Board Connections*, the Board of Pensions newsletter, is now available. *Board Connections* highlights recent Board news, important updates, and other information and replaces many of the emails you previously received from the Board. Articles this month include the following:

#### **[Financial Well-Being Retreat 2015 Exceeds Expectations](#)**

Financial Well-Being Retreat 2015 at Montreat, hosted by the Board in partnership with the Presbyterian Foundation, was well received by attendees. [Read More](#)

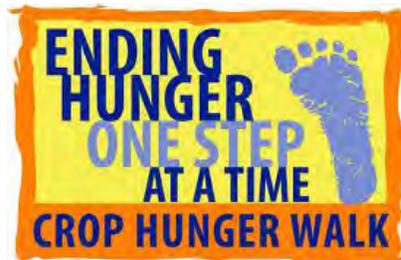
#### **[A Simple Rule for Retirement Saving](#)**

Learn a simple rule for saving and spending ... and more. [Read More](#)

[Read the September Board Connections!](#)

## CROP HUNGER WALK

The Allentown CROP Hunger Walk sponsored by The Lehigh Conference of Churches is scheduled for Sunday, October 11, 2015. Registration will begin at 12:45 PM at St. Timothy's Lutheran Church at the corner of Ott and Walnut Streets, Allentown. The Walk begins at 1:30 PM.



There are two opportunities available to involve all ages:

1. 6-mile walk through Allentown with rest stops along the way.
2. Golden Mile walk for Golden Agers, families with children or dogs, or anyone wanting a leisurely pace.

For those unable to walk with us on the 11<sup>th</sup>, donations to the Allentown CROP Walk can be made online on the Allentown CROP Walk page on the Church World Service website.

Over 1,400 CROP Walks will take place this fall around the country, 122 in Pennsylvania alone. Each year more than 2.3 million friends and neighbors walk, volunteer, or sponsor a walker in CROP Walk communities across the U.S. One quarter of the total proceeds of the Allentown CROP Hunger Walk will be shared between The Lehigh Conference of Churches Soup Kitchen and the Allentown Area Ecumenical Food Bank.

Food for Thought –CROP walkers help worldwide and locally:

- ✿ In 2014, the Lehigh Conference of Churches Soup Kitchen and Daybreak drop-in center served over 63,000 meals. 1,561 meals were served to children.
- ✿ Each year, the Allentown Ecumenical Food Bank provides food for over 30,000 of our neighbors.
- ✿ More than 49.1million Americans are not certain where their next meal will come from.

It is not too late for your church, school or community organization recruiter to pick up Recruiter Packets at Jerusalem Western Salisbury Church on Devonshire Road in Allentown or The Lehigh Conference of Churches main office at 534 Chew Street, Allentown.

In addition of raising funds, everyone is reminded that non- perishable food items will be received the day of the walk by the Allentown Ecumenical Food Bank. The Food Bank is desperately in need of peanut butter, jelly, and canned soups.

For more information about this year's CROP Hunger Walk, please contact Chairperson Rev. Dianne Kareha at 610-391-8210 or e-mail [karehad@diakon.com](mailto:karehad@diakon.com) or contact Conference Volunteer Coordinator Laura Rowe at 610-433-6421 or e-mail [lrowe@lehighchurches.org](mailto:lrowe@lehighchurches.org).

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### ***ADULT MINISTRY FESTIVAL—There's still room and time to register!***

#### ***Why Don't Our Kids & Grandkids Go To Church & What Can We Do About It?***

Keynote Speaker: The Rev. Dr. David J. Lose, President of The Lutheran Seminary at Philadelphia

Saturday, October 3, 2015 from 9:00 a.m. to 3:00 p.m. at the Nativity Lutheran Church, 4001 Tilghman Street, Allentown, PA 18104.

**Registration or more information:**

<http://nepsynod.org/event/aloa-adult-ministry-festival-2015/http://nepsynod.org/event/aloa-adult-ministry-festival-2015/>

## APARTMENTS AVAILABLE



The **N. Milton Wood Home for Presbyterian Ministers** has **two apartments available**. The basic qualification is that the tenant be a retired Presbyterian (USA) minister. The apartments are provided **rent free**, but tenants will be asked to contribute toward the heat and utilities.

The available units are two of three located in an historic stone dwelling in Paradise Township, Lancaster County, PA. The Home is situated on a four-acre parcel with a maintained lawn and mature trees. Tenants may, if desired, establish flower and vegetable gardens.

The ground-floor apartment has one bedroom, a bathroom with shower, a large living room, and an eat-in kitchen. The second-floor apartment (with star lift) is comprised of two bedrooms, a living room, a kitchen, a dining area, and a bathroom with shower. Included with each unit is one bay of the garage storage with automatic garage door opener.

If you are interested in learning more about these apartments, or know of someone you believe may be interested, contact Edwin Margerum (717-442-4027) or David Homsher (717-687-6469).

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## UPCOMING EVENTS, MEETINGS, AND DEADLINES

- **Tuesday, September 22, 2015** – Application deadline for Commissioner or Young Adult Advisory Delegate to the 222<sup>nd</sup> General Assembly.
- **Tuesday, September 22, 2015 at 4:00 p.m.** – **Stated Meeting of Lehigh Presbytery** at the First Presbyterian Church, 2344 Center Street, Bethlehem, PA.
- **Friday, September 25, 2015** – Sign up deadline for Helping Hands Mission Work trip to Pt. Pleasant, NJ.
- **Thursday, October 1, 2015 at 4:00 p.m.** – **Helping Hands Care Team** meeting in the Conference Room of Lehigh Presbytery, 710 N. Cedar Crest Blvd., Allentown, PA.
- **Thursday, October 1, 2015 at 7 p.m.** – **Orientation for Helping Hands Work Trip** in Room #118 of the First Presbyterian Church, 3231 W. Tilghman Street, Allentown, PA.
- **Tuesday, October 6, 2015 at 5:30 p.m.** – **Presbytery Lead Team** meeting in the Conference Room of Lehigh Presbytery, 710 N. Cedar Crest Blvd., Allentown, PA.
- **Wednesday, October 7, 2015 at 9:30 a.m.** – **Worldwide Ministries subcommittee** review of Prayer Guide articles.
- **Wednesday, October 14, 2015 at 9:30 a.m.** – **Worldwide Ministries Care Team** meeting in the Conference Room of Lehigh Presbytery.
- **Thursday, October 22, 2015 at 9:00 a.m – 3:00 p.m.** – **Boundary Training** at First UCC, 110 Route 61 South, Schuylkill Haven, PA. Cost \$20.00 per person. Register at <http://www.eventbrite.com/e/boundary-training-2015-tickets-14445188949>
- **Saturday, October 24, 2015 at 9:00 a.m. – 12:30 p.m.** – Presbyterian Women of Lehigh Presbytery are sponsoring a workshop on *The Care Giver's Journey*, in Room #115 of the First Presbyterian Church, 3231 W. Tilghman Street, Allentown, PA. RSVP to the Presbytery office.